



Personal Independence Payment (PIP)

Claiming PIP – Key Information

If you have a conversation with an individual about PIP, **please signpost them to** the PIP information pages at [GOV.UK/PIP](https://www.gov.uk/PIP) so they can consider if they may be eligible **prior to claiming**.

The PIP pages include easy-read guides and links to YouTube videos about eligibility, evidence requirements and the claims process. These will help individuals to understand what information they need to provide to support their claim and consider whether PIP is the right benefit for them.

Top 5 things to know about PIP:

1. Entitlement to PIP is not based on an individual's health condition or disability alone but on how much a long-term health condition or disability impacts an individual's daily life or mobility.
2. To qualify for PIP, the impacts of a health condition or disability must have been present for 3 months and be expected to last at least a further 9 months.
3. PIP claimants will have a functional assessment considering how their health condition or disability impacts on 12 key everyday activities (set out below) which are fundamental to living an independent life.
4. If an individual can manage the PIP daily living and mobility activities safely, to an acceptable standard, repeatedly and in a reasonable time period, without being supported by someone or using equipment, it is unlikely they will get PIP.
5. When applying for PIP, individuals should provide any relevant information they already have about how their health condition affects them. This may mean that a health professional can assess the claim using this information, and not need a face to face or virtual consultation, and a decision can be made more quickly. Individuals shouldn't request new documents for their application as these can incur a fee (for example from GPs).

The 12 PIP activities considered within the assessment

- Preparing food
- Eating and drinking
- Managing treatments
- Washing and bathing
- Managing toilet needs
- Dressing and undressing
- Communicating
- Reading
- Mixing with other people
- Making decisions about money
- Going out
- Moving around